Customize Your Suicide Prevention Professional Learning Plan

Directions: Below is a list of the trainings that are available as part of this professional learning series. Identify if each training should be included or excluded in your professional learning (PL) plan based on current readiness and skill level. Record the date that each of the trainings is complete. While the trainings can be completed in any order, a recommended order is provided. Click on the titles listed in the "Training Topic" column to access the trainings. Recommended prerequisites for some trainings are listed. The recommended audience varies for each module. Note which training topics are relevant for administrators (ADMIN), school counselors (SC), school nurses (SN), school psychologists (SP), and teachers (TEACH). For more information, review the professional learning FAQs.

Include in PL Plan?	Date Complete	Recommended Order	Training Topic (click on the topic below to open the training in a new browser)	Recommended Prerequisites	Recommended Audience				
					ADMIN	SC	SN	SP	TEACH
		1	Readiness to Prevent Student Suicide	-		•	•	•	
		2	Personal Beliefs Related to Suicide	-	•	•	•	•	•
		3	Crisis Management Processes	-	•	•	•	•	
		4	Readiness to Respond to a Completed Student Suicide	-	•	•	•	•	
		5	Legal Issues Related to Student Suicide for Schools	-	•	•	•	•	
		6	Ethical Issues for School Mental Health Personnel	-		•	•	•	
		7	Best Practices to Promote a Safe School Climate	-	•	•	•	•	•
		8	Programs to Improve School Climate	-	•	•	•	•	•
		9	Programs to Prevent Student Suicide	-	•	•	•	•	
		10	Risk Factors of Student Suicide	-	•	•	•	•	•
		11	Warning Signs and Stressful Precipitating Events of Student Suicide	10	•	•	•	•	•
		12	Student Risk Assessment Best Practices	10-11		•	•	•	
		13	Reflective Listening in Times of Crisis	10-11	•	•	•	•	
		14	Student Confidentiality and Parental Rights	-		•	•	•	
		15	Protocol for Handling Suspected Suicide Risk	10-14	•	•	•	•	
		16	Brief Suicidal Risk Screening Tools	10-15		•	•	•	
		17	Full Suicidal Risk Screening Tools	10-16		•	•	•	
		18	Suicidal Risk Screening Outcomes	10-17		•	•	•	
		19	Suicide Screening Process Documentation	10-18	•	•	•	•	
		20	Interventions by Suicide Risk Screening Outcomes	-		•	•	•	
		21	Parent Notification Following a Suicide Risk Assessment	14	•	•	•	•	
		22	Transfer of Responsibilities for a Student	21	•	•	•	•	
		23	Suicidal Ideation and Mandated Reporting	5	•	•	•	•	
		24	Safety Plans to Prevent Student Suicide	21-23		•	•	•	
		25	Programs and Counseling Treatments for At-Risk Students	21-23		•	•	•	
		26	Outside Referral for Student Mental Health Services	20-21	•	•	•	•	
		27	Re-entry and Management Following Student Absence	-		•	•	•	
		28	Continued Monitoring of Student Suicide Risk	-		•	•	•	
		29	Documentation of Suicide Prevention Efforts	-		•	•	•	
		30	Crisis Team Response to a Completed Suicide	3	•	•	•	•	
		31	Student Grief Processes	-	•	•	•	•	•
		32	Psychological First Aid	13, 31		•	•	•	
		33	Suicide Contagion and Suicide on School Property	31	•	•	•	•	
		34	Universal Supports After a Student Suicide	20 ,31	•	•	•	•	
		35	Students that Require Some Additional Support After a Student Suicide	20, 31	•	•	•	•	
		36	Students that Require Extensive Support After a Student Suicide	20, 31	•	•	•	•	
		37	Memorials, Anniversaries, and the New Normal	-		•	•	•	•
		38	Signs and Symptoms of Burnout	-		•	•	•	•
		39	Contributing Factors to Burnout	38	•	•	•	•	•
		40	Responding to Feelings of Burnout	-		•	•	•	•
		41	Self-Care	-		•	•	•	•
		42	Maintaining Wellness	-		•	•	•	•