



# School Resources to Support Military-Connected Students

## Social Justice Resources

For Parents



**CLEARINGHOUSE**  
FOR MILITARY FAMILY READINESS

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This guide is a culmination of resources aimed for parent use across age groups. Modifications may be necessary to meet children where they are at in talking and learning about race. This list is to be used as a first step in race dialogue and education, and we recommend that parents continue their education after using these resources.

## Media

Media resources for parents include toolkits and appropriate media recommendations that reference ways parents can address racism with their children. Materials include age appropriate fiction and non-fiction books for elementary to middle school children are provided concerning race and anti-racism. Video conferences contain recommendations of best practices strategies for parents when addressing racism to children and their families. New and up-to-date resources, such as podcasts, focus on race-oriented material for parents.

- Today's Parent - 30 books to help you talk to your kids about racism - [https://www.todaysparent.com/family/books/kids-books-that-talk-about-racism/?fbclid=IwAR1z\\_EaQ4mENBETISv-iFuW3QRhPJb0A5BY3YrBDkZ-U4Y5J9GNAFAKKyrM#gallery/books-that-talk-about-racism/slide-1](https://www.todaysparent.com/family/books/kids-books-that-talk-about-racism/?fbclid=IwAR1z_EaQ4mENBETISv-iFuW3QRhPJb0A5BY3YrBDkZ-U4Y5J9GNAFAKKyrM#gallery/books-that-talk-about-racism/slide-1)
- Vanderbilt University: Diversity Toolkit - Ted Talk: Color Brown or Color Brave [https://www.ted.com/talks/melody\\_hobson\\_color\\_blind\\_or\\_color\\_brave](https://www.ted.com/talks/melody_hobson_color_blind_or_color_brave)
- UConn University: Some alternative media outlets and race-oriented podcasts to follow: <https://education.uconn.edu/anti-racism-resources-for-students-educators-and-citizens/#collapsepanel-29522-1-1-02>

## Education for Self

Parent self-education resources include materials parents can use to education themselves on topics of race and anti-racism. Guidelines and recommendations by major organizations, such as the American Psychological Association, and evidenced based information on race recognition from children starting at birth to seven years. Websites provided identify more anti-racism resources and information concerning community connections.

- APA – Talking to kids about discrimination - <https://www.apa.org/topics/kids-discrimination>
- Are your kids too young to talk about race? - <https://www.prettygooddesign.org/?fbclid=IwAR1vGBRHqyUg9ymGBCZDe9ZKd9AMW7kzKMLmcJxm-BvgBtiVrUk5PBy8yM4>
- Embrace Race - <https://www.embracerace.org/>

## Ready to Use

Ready to Use resources include materials and activities that can be used immediately with children on topics concerning race. Resources provided include walking children through difficult

race conversations, race conscious things to say to your child to advance social justice, and recommendations on how to talk to your children about racism.

- Child Mind Institute - [https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/?utm\\_source=newsletter&utm\\_medium=email&utm\\_content=we%E2%80%99re%20offering%20guidance%20and%20advice%20for%20helping%20your%20child%20process%20their%20feelings%20as%20well%20as%20ideas%20to%20help%20parents%20dig%20in%20to%20challenging%20questions%20without%20turning%20away&utm\\_campaign=Weekly-06-02-20](https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/?utm_source=newsletter&utm_medium=email&utm_content=we%E2%80%99re%20offering%20guidance%20and%20advice%20for%20helping%20your%20child%20process%20their%20feelings%20as%20well%20as%20ideas%20to%20help%20parents%20dig%20in%20to%20challenging%20questions%20without%20turning%20away&utm_campaign=Weekly-06-02-20)
- 100 RACE-CONSCIOUS THINGS YOU CAN SAY TO YOUR CHILD TO ADVANCE RACIAL JUSTICE - <http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice/>
- PBS Social: How To talk to kids about Anti-Racism - <https://www.pbssocal.org/education/at-home-learning/talk-kids-anti-racism-list-resources/>



## References:

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- PBS Social. (2020, June 4). *How to talk to your kids about anti-racism: A list of resources*. <https://www.pbssocal.org/education/at-home-learning/talk-kids-anti-racism-list-resources/>
- Pretty Good. (n.d.). *Are your kids too young to talk about race?* <https://www.prettygooddesign.org/?fbclid=IwAR1vGBRHqyUg9ymGBCZDe9ZKd9AMW7kzKMLmcJxm-BvgBtiVrUk5PBy8yM4>
- Raising Race Conscious Children. (2016, June 2). *100 race-conscious things you can say to your child to advance racial justice*. <http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice/>
- University of Connecticut. (2020). *Anti-racism resources for students, educators, and citizens*. <https://education.uconn.edu/anti-racism-resources-for-students-educators-and-citizens/#collapsepanel-29522-1-1-03>

