



School Resources to Support Military-Connected Students

Reintegration Annotated Bibliography



CLEARINGHOUSE
FOR MILITARY FAMILY READINESS

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Overview of School Reintegration

A Blueprint for Back to School

<https://www.aei.org/wp-content/uploads/2020/05/A-Blueprint-for-Back-to-School.pdf>

Summary: An overall layout of what school reopening will look like, what should be considered, what potential options in terms of reopening will look like, and how schools, parents, and students can work together in this transition. Briefly touches on academics, mental health support, and other school operations.

A Plan to Safely Re-open Americas Schools and Communities

https://www.aft.org/sites/default/files/covid19_reopen-america-schools.pdf

Summary: This resource focuses on the transition to schools reopening, how to safely do so and what they will look like for students and teachers in terms of physical distancing, screening, testing and treatment, dealing with isolation because of infection, and how to continue steps of reintegration while also remaining mindful and safe.

Initial Ideas and Resources on Planning for Reopening Following COVID-19 School Closures

http://nieer.org/wp-content/uploads/2020/04/NIEER_ReopeningSchools_Resources_April242020-1.pdf

Summary: The National Institute for Early Education Research has developed initial ideas and resources related to how schools will reopen post COVID-19. There are resources related to how students will catch up on academic skills, how schools can safely and successfully reopen, as well as list of state taskforces and resources.



Task-Forces for Reopening Schools

<http://smhp.psych.ucla.edu/pdfdocs/taskforces.pdf>

Summary: A short document discussing the different types of tasks forces and their reasonings and desires for schools to reopen (broken down by state). Provides links for task forces for specific states. Also discusses the importance in addressing students returning who will need additional support upon return to school. Suggests that task forces should have an additional work group specific to supporting all students in their return to the school system.

Past Reintegration Post a Traumatic Event

Reintegration of Ebola Survivors into Their Communities

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5779529/>

Summary: This article contains a section discussing the reintegration into the community of persons who tested positive for Ebola and how education of the community and support was vital to this process. Discusses the importance of answering questions and discussing concerns as would be relevant to a child returning to school after a COVID-19 diagnosis.

School entry after a community-wide trauma: challenges and lessons learned from Septemeber 11th, 2001

<https://www.ncbi.nlm.nih.gov/pubmed/15648276> (requires access)

Summary: This resource focuses on school-based mental health and trauma programs for children at highest risk for mental health issues after the September 11th attacks. Discusses the components of the program and the evidence based practices they followed. Utilizing



some of the program components may be useful for students having difficulty transitioning or more greatly affected by COVID-19.

School Reintegration for Children and Adolescents with Cancer: the Role of School Psychologists

<https://onlinelibrary.wiley.com/doi/abs/10.1002/pits.20399> (requires access)

Summary: Discusses reintegration of students post cancer diagnosis and treatment. Describes a model that school counselors and psychologists can use to help with the mental and physical barriers of reintegration. Could apply to students who were diagnosed or directly effected by COVID-19.

Supporting Students and Staff during Reintegration

COVID-19 Planning Considerations: Return to In-person Education in Schools

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/covid-19-planning-considerations-return-to-in-person-education-in-schools/>

Summary: This resource discusses the education, health, and mental health needs for returning to in-person education. Discusses using a community approach to address transitional and anxiety issues, academic struggles, and those students that will need additional mental health support.

Helping Students Through a Period of Grief Addressing School Adjustment Problems

<https://www.edutopia.org/article/helping-students-through-period-grief>



Summary: This article discusses how teachers can re-engage students and help process their emotions. Discusses needs assessments, and different mindfulness exercises and activities that can be used. Links to many other resources that could be useful in the reintegration process.

Addressing School Adjustment Problems

<http://smhp.psych.ucla.edu/pdfdocs/adjustmentproblems.pdf>

Summary: These guidelines and strategies address the transition back to school, enhancing learning engagement, and school personnel working as a team. There are also additional resources for teachers related to addressing barriers and re-engaging and enhancing learning in the classroom.

Students and Anxiety Problems

<http://smhp.psych.ucla.edu/pdfdocs/anxiety.pdf>

Summary: Discusses anxiety in children and students. The different types of anxiety, how school can contribute to anxiety, and how to prevent it and minimize it. Gives examples and resources of two programs used in schools to help prevent and intervene with anxiety of students.

Addressing Barriers to Learning: Plan Ahead to Support the Transition-back of Students, Families, and Staff

<http://smhp.psych.ucla.edu/pdfdocs/newsletter/spring20.pdf>

Summary: This newsletter from The Center of Mental Health in Schools at UCLA provides numerous topics, resources, programs and guidelines for the return to school post-COVID-19. It discusses academic outreach and support, re-engagement, discussing grief and loss, identify students who are struggling with the isolation and transition.



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