

COVID-19 Information for Parents

Resources to help military-connected schools respond to the needs of military families during the COVID-19 pandemic

Below you will find links to free toolkits from outside organizations, agencies, and companies to help you respond to the needs of military families during the COVID-19 pandemic. These resources were identified, vetted, and selected based on utility, applicability, reputability of the developer, and level of evidence.

General

- **Coronavirus (COVID-19)** by the Center for Disease Control (CDC) <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- **Coronavirus Disease (COVID-19) Pandemic** by the World Health Organization (WHO) <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- **COVID-19 (Coronavirus) PTA Resources** by the National Parent-Teacher Association (PTA) <https://www.pta.org/home/family-resources/coronavirus-information>
- **COVID-19: Impact for Families** by Research-to-Policy <https://www.pta.org/home/family-resources/coronavirus-information>
- **COVID-19 Pandemic Response Resources** by the Center for the Study of Traumatic Stress <https://www.cstsonline.org/resources/resource-master-list/coronavirus-and-emerging-infectious-disease-outbreaks-response>
- **Greater Good's Guide to Well-Being During Coronavirus** by the Greater Good Science Center at UC Berkeley https://greatergood.berkeley.edu/article/item/greater_good_guide_to_well_being_during_coronavirus

For Parents

- **Coronavirus Disease: What you need to know about the virus to protect you and your family** by the United Nations International Children's Emergency Fund (UNICEF) <https://www.unicef.org/coronavirus/covid-19>
- **How to Talk to Your Kids About Coronavirus** by the Public Broadcasting Service (PBS) <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus?fbclid=IwAR3KdttouZvPEq1s3-6fsiBfZ4OmZDhdVC0Y46B8BEBZO-PfZscJ7o69Pkw>
- **Make Any Room a Classroom** by BrainPOP https://go.brainpop.com/COVID19?utm_source=covidhub&utm_medium=hero&utm_campaign=coronavirus&utm_content=free-access
- **Play at Home** by Playworks <https://www.playworks.org/get-involved/play-at-home/>

- **Resources for Families** by National Geographic
<https://www.nationalgeographic.com/family/in-the-news/coronavirus/>
- **Resources for Families During the Coronavirus Pandemic** by Common Sense Media
<https://www.commonsensemedia.org/resources-for-families-during-the-coronavirus-pandemic>
- **Supporting Families During COVID-19** by the Child Mind Institute
<https://childmind.org/coping-during-covid-19-resources-for-parents/>
- **Tips for Families: Coronavirus** by Zero to Three
<https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus>

