

Parent Calendar Planning for Military-Connected Students

Military-connected students often face additional stressors at school due to military-specific events, which may bring up difficult emotions for your child, especially if he or she has a Service member who is deployed, absent for training, or classified as missing or deceased. Be sure to communicate any upcoming events to your child's school, so the school is prepared to provide extra support if necessary. If there are specific supports or services that would be best suited for your child, let the school know.

Birthdays: Service member, parent, and student birthdays could serve as a trigger for military-connected children missing a Service member parent. Although the school has your child's birthdays on record, be sure to communicate any additional birthdays, such as the Service member's birthday, that may be difficult for your child.

Death Anniversaries: Some military-connected students who have experienced the death of a Service member parent may have faced a traumatic loss. Even if students have effectively coped with this loss, the death anniversary of their loved one may bring back some difficult emotions.

Deployment Dates: Students often have a difficult time when a Service member deploys. Be sure to communicate these dates so the school can offer additional support.

Reunion: Let your child's school know when his or her Service member parent is returning from deployment. This time might be difficult for students to concentrate in class, or they may display behavioral difficulties.